



housing
south liverpool

ENERGY EFFICIENCY

AN EASY
GUIDE TO
ENERGY
EFFICIENCY



INTRODUCTION

South Liverpool Housing are working hard to improve the energy efficiency of your home, reducing the financial costs for you.

By reducing the amount of energy you use you will help the environment and save money on your utility bills.

Since 1999, SLH have carried out improvements to many of your homes, including:

- UPVC double glazed window and doors (low emmissivity glazing helps to keep the heat in and reduce condensation)
- Cavity wall insulation (where appropriate)
- External thermally insulated cladding
- Loft insulation
- High specification heating controls (including thermostatic radiator valves)
- New roofs



WHAT CAN YOU DO TO SAVE ENERGY?

By making a few small changes, you can reduce the amount of energy that you use in your home. This will also have the added benefit of saving you money on your utility bills! Here are some things that you can do to improve the energy efficiency of your home:

1 Turn the temperature down.

Just by turning your thermostat by 1°C, you can cut your heating bills by up to 10%.

2 Turn off lights when you are not in the room.

Energy saving bulbs cost less to run and last much longer than ordinary light bulbs.

3 Don't leave TVs and other electrical appliances on standby.

If you leave your TV in standby mode, rather than switching it off, you can still be using as much as 90% of the energy used when the appliance is on!

4 Put lids on pans when cooking.

This stops the steam from escaping and you will use less energy to cook your food. Choose a saucepan that is the right size for what you are cooking and use the right size cooking ring too.

**5 Draw your curtains early.**

By drawing your curtains as soon as it starts go dark, you can substantially reduce heat loss

6 Have a shower instead of a bath.

As well as saving energy, this will save up to three fifths of the water needed for a bath.

7 Use a kettle rather than a pan.

Only boil as much water as you need and remember to de-scale your kettle regularly to keep it working more efficiently

8 Look for the Energy Advice Label when buying new appliances.

This will tell you how energy efficient the item is.

9 Always try to use a washing machine on a full load.

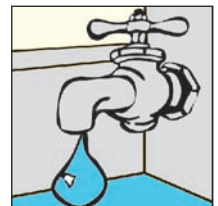
If you have to use the washing machine and you're not filling it up, remember to use the half-load or economy programme.

10 Avoid condensation.

Open windows or use extractor fans to remove any moisture caused by cooking, washing and tumble driers. By keeping condensation down, you will help to keep the house warm and prevent any damage to your wallpaper or decorations.

11 Turn taps off properly.

A dripping hot tap wastes energy and in one week wastes enough hot water to fill half a bath! Make sure you turn taps off properly and fix any dripping taps.

**12 Draught-proof your home.**

Use thick curtains on your windows and use draught-excluders on the bottom of your doors.

13 Carry out a Home Energy Check.

Find out how energy efficient your home is by contacting the Energy Saving Trust on 0800 512 012 for a free, impartial report. You can also carry out the Home Energy Check on their website: www.est.org.uk



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If you would like more information on this subject or have any comments you would like to make, please contact us.

If you want a translation please contact 0151 285 5600.

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Text phone users dial 18001 0151 285 5600

Head Office

Parklands, Conleach Road
Speke, Liverpool L24 0TY

Opening Times:

Mon-Fri 9am-5pm
(Wed 9am-1pm)

Garston Office

2 St Mary's Road, Garston
Liverpool L19 2JU

Opening Times:

Mon, Thu, Fri 10am-2pm
Wed 10am-1pm
Tue closed

Tel: (0151) 285 5600

Fax: (0151) 285 5679

Web: www.slhgroup.co.uk

Email: info@slhgroup.co.uk

**FREEPHONE
REPAIR LINE
0800 0731 760**

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